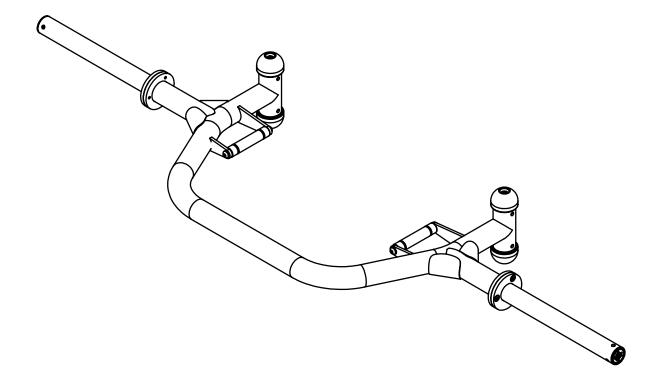
# **ELEIKO ÖPPEN DEADLIFT BAR**

Art.nr 3085153







#### READ BEFORE INSTALLATION AND USE

#### **CAUTION**

The equipment must be installed and used in a place whose access and supervision are specifically controlled by the owner.

Be sure to install the equipment on a stable base and properly level the equipment. ELEIKO recommends that all equipment is secured to floor and installed by a licensed contractor or an ELEIKO-installer.

#### SAFETY INSTRUCTIONS

It is the responibility of the purchaser of ELEIKO products to instruct all users and supervising personnel on proper usage of the equipment.

- **1.** All included warnings (labels) and instructions **MUST** be read before the use of any ELEIKO-equipment. Use each equipment as it is intended for.
- **2.** A user **MUST** get a medical examination and proper instructions before the use of any ELEIKO-equipment.
- **3. DO NOT** let anyone, under any cuircumstances, use equipment that appears to be damaged. Do not try to repair any equipment before consulting an ELEIKO technician.
- **4. DO NOT** replace the components of ELEIKO-equipment with other none ELEIKO-equipment (magnetic safety pin, frames, bars), do not improvise. If there are any doubts consult an ELEIKO representative prior to any intervention.
- **5. DO NOT** overload the equipment and **DO NOT** try to exceed personal strength levels.
- 6. Children under the age of 14 must be supervised by an adult.
- **7. DO NOT** remove any safety labels from the ELEIKO-equipment. ELEIKO is not responsible if a label is removed. Replace damaged labels immediately.

## PREVENTITIVE MAINTENANCE & INSPECTIONS REGULARLY:

Clean the surfaces on frames and tubes from dust and dirt.

#### WARRANTY

All products manufactured by ELEIKO are warranted to the original purchaser to be free from defects in workmanship and / or materials under normal use or service as follows:

5 years warranty. Not to be dropped.

Normal wear and tear does not fall under warranty.

#### ADDITIONAL INFORMATION

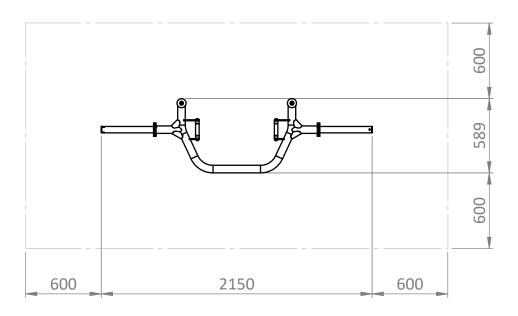
This Bar is for indoor use only.



### **PRODUCT SPECIFICATIONS**

Product weight	25 kg / 55 lbs
Max training weight	500 kg / 1100 lbs
Dimensions (L x W x H)	2150x589x225 mm 84.6x23.2x8.9 in

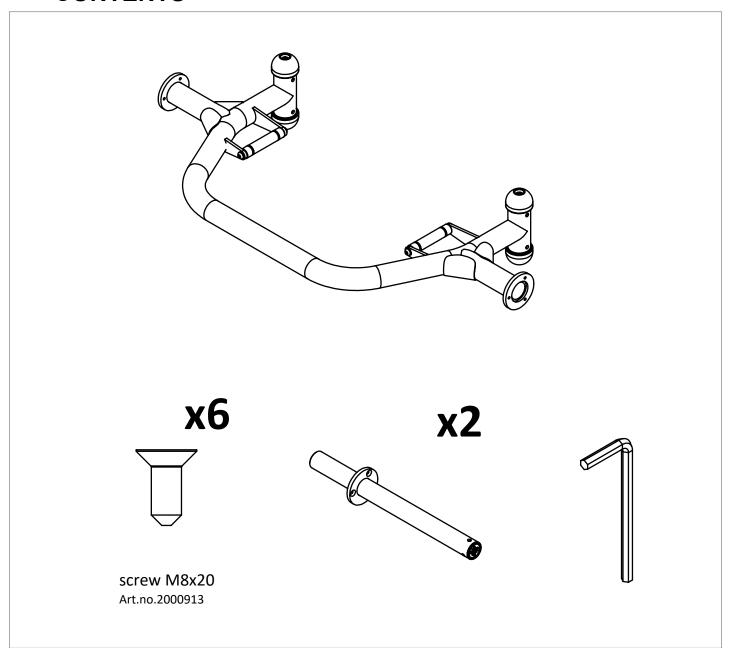
### **FOOTPRINT AREA**



Add sufficient clearance, not less than 0,6 m, on all sides.



### **CONTENTS**



## **ELEIKO**

### **GENERAL**

The table below is general torque to use for different threads. Use these torques, if nothing else is set. Below numbers are for screw/nut of quality 8.8.

THREAD	TORQUE (Nm / ftlb) Quality 8.8
M8	24 / 17,7



### **ASSEMBLY INSTRUCTIONS**

